**Patient Pain, Enjoyment, and General Activity Scale**

**What number best describes your pain on average in the past week?**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 | | 5 | 6 | 7 | 8 | 9 | 10 |
| No Pain | | | | | Pain as bad as you can imagine | | | | | | |

**What number best describes how, during the past week, pain has interfered with your enjoyment of life?**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not Interfere | | | | | | Pain as bad as you can imagine | | | | |

**What number best describes how, during the past week, pain has interfered with your general activity**?

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does not Interfere | | | | | | Pain as bad as you can imagine | | | | |

**How confident are you that you can control and manage most of your health problems?**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Not Confident | | Very Confident | | | | | | | | |

References/Copyright:

* Questions 1-3: from Krebs et al, 2009
* Question 4: from Wasson J, Coleman E, Family Practice Management, <https://www.aafp.org/fpm/2014/0900/p8.html>